

National Aeronautics and Space Administration, John F. Kennedy Space Center

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Advertised items must be available without regard to race, color, religion, sex, age, national origin, or disability.

<u>URL: http://kscbulletin.ksc.nasa.gov/</u>

DEADLINE FOR OFFICIAL/UNOFFICIAL/PERSONAL NOTICES IS WEDNESDAY, 9 A.M.

OFFICIAL

FLAGS AT HALF STAFF: The flags of the United States flew at half staff at the Kennedy Space Center on June 29, 2005, in honor of Allen E. "Al" Richmond, a Buyer in USA Procurement. Mr. Richmond died on June 26 and his funeral was June 29. (TA-G)

BADGING FUNCTION SCHEDULE FOR MONDAY, JULY 4TH, 2005 (INDEPENDENCE DAY):

THE VISITOR RECORDS CENTER, ROOM 1470, KSC HQ, M6-399, WILL BE OPEN FROM 6:00 AM UNTIL 10:00 PM, MINIMUM STAFFING.

PIDS I, CCAFS, ENROLLMENT CENTER WILL BE CLOSED.

PIDS III, KSC, WILL BE CLOSED.

F-GATE WILL BE CLOSED.

RETURN TO NORMAL HOURS, 6:00 AM, 5 JULY 2005.

RICHARD D. PETERS, SGS-VRC- 867-7763 (TA-E2)

HELP KSC/CCAFS SAVE ENERGY DOLLARS THIS UPCOMING HOLIDAY: It takes commitment from everyone at Spaceport to help KSC and CCAFS save energy dollars; therefore, please remember to: Turn off your computer, monitor, and printer (if not required to remain on). Turn off the lights in your office when you are the last person to leave. Turn off the hall and hall closet lights on your way out, if you are the last person to leave your area in the building. Turn off displays and decorative lights. Turn off or unplug any appliances in the office, such as coffee makers, desk lamps, fans, radios, etc. Turn off the copier machines (including hallways) and scanners. Close the blinds on all windows. POC: Environmental & Energy Awareness/867-8413/867-8452. (TA-C3)

OCCUPATIONAL MEDICINE PATIENT SERVICES PROGRAMS: All employees are reminded that nonoccupational-related information obtained from medical treatments, physical examinations, Health Education Program screenings, and mental, emotional, and substance abuse counseling through the Employee Assistance Program is PRIVATE, STRICTLY CONFIDENTIAL, AND SUBJECT TO THE PRIVACY ACT. (TA-C2)

CONFIDENTIAL FINANCIAL DISCLOSURE REPORT (OGE FORM) FILING: Those individuals reporting to a position for which there is a requirement for an initial and annual 450 filing are reminded the INITIAL filing must be completed no later than 30 days after reporting to that position. Forms are available from the Office of Chief Counsel by calling 867-2552. (CC)

INSPECTOR GENERAL: The Office of Criminal Investigations (OCI) is the investigative arm of the NASA Inspector General (IG). The OCI is an independent entity and reports directly to Robert Cobb, the NASA IG, in Washington D.C. The primary mission of this component is to conduct criminal and civil investigations of reported or suspected fraudulent acts by employees, contractors, and others relating to the administration of NASA contracts and programs. Although emphasis is placed on major procurement fraud, (particularly allegations of defective/substandard parts, mischarging, kickbacks, bid rigging, and research fraud), investigations are also conducted of theft, conflict of interest, environmental and hazardous waste violations, health care fraud, and computer related crimes. OCI also provides fraud briefings for Government and contractor employees that are designed to highlight potential risks concerning fraud and related matters. Suspected violations can be reported by calling 867-4714 locally, the toll free Hotline at 1-800-424-9183, or by writing NASA Inspector General, P. O. Box 23089, L'Enfant Plaza Station, Washington, D.C. 20024. The OIG Cyber-Hotline can be accessed at www.hq.nasa.gov/office/oig/hq. (OIG)

REPORTING EMERGENCIES: To report any emergency on KSC, whether it is fire, security, or medical related, (including possible hazardous commodity exposure); dial 9-1-1 or 867-7911 from a cell phone. For walk-in type first-aid treatment, the Occupational Health Facility is open Monday - Friday from 7:00 am to 5:00 pm, and the Launch Area Clinic is open Monday-Friday 7:00 am to 3:00 pm. Hours other than those, call 9-1-1 for emergencies and/or first aid type treatment. **After normal working hours, the non-emergency medical related assistance will be coordinated through the 9-1-1 operators.** (TA-G)

EMPLOYEE ASSISTANCE PROGRAM: All employees are reminded that the Employee Assistance Program offers free, confidential counseling to all Kennedy Space Center and Cape Canaveral Air Force Station employees. Appointments are necessary to ensure adequate time. This program is available Monday through Friday, 7:30 am. to 4:00 pm. Appointments may be made by calling 867-7398. (TA-C2)

MASSAGE THERAPY: "HOLIDAY DISCOUNT", JUNE 21 THRU JULY 5, 2005 a 30 minute massage is only \$20.00. Contact Valerie, (L.M.T. #19362) at 867-4762 or **JaramVS@kscems.ksc.nasa.gov.** Massage Therapy available Tuesday -Friday, hours are flexible. Room 1023, O&C Building. Gift certificates also available. (TA-C2)

KSC FITNESS CENTER: Are you aware of the wonderful services offered at the KSC Fitness Centers (O&C & OSB facilities), all available at no charge to any KSC employee? They include consultations, fitness assessments, body composition, and personal training. In addition to those services, we also offer group fitness classes at the O&C facility. A new Group Fitness Class Schedule began April 11th. and will run through July 1st. We offer classes ranging from traditional aerobic and resistance training to classes such as yoga, Pilates, and yoPalates. Our classes are perfect for the beginner, as well as for the more advanced exerciser. Copies of the Group Fitness Class schedules will be available at both the O&C and OSB facilities, as well as our website. Please visit our website at http://lssc.ksc.nasa.gov/fitness/, for more information about our facilities, staff, and free services that we provide. Let our friendly staff help you get started on fulfilling your goals today! (TA-C2)

FEDERAL EMPLOYEE WORK-RELATED INJURY: Federal employees are reminded that they are responsible for notifying their supervisors and seeking first-aid care from the KSC Occupational Health Facility for any injury which occurs on the job. For more information, contact Jeanine Meister at 867-8229. (TA-C2)

KSC/CCAFS HEALTH EDUCATION & WELLNESS PROGRAM

Website: http://sgs.ksc.nasa.gov/sgs/sites/other/chs/omehs/occmed/home/index.cfm?page=hew

JULY 2005 RECREATIONAL PHYSICAL ACTIVITY AWARENESS MONTH: The National Recreation and Park Association has designated the month of July as Recreation and Parks Month. Recreation facilities and parks across the country annually use July to celebrate the kick-off of summer programming as well as a time to pull their communities together to volunteer, get involved in great outdoor physical activities and advocate for parks and recreation. Check out the July Recreational Physical Activity packet for information on the benefits of recreation, Florida state parks, trails and greenways and the best snorkeling and diving sites in our beautiful state!

The recreational physical activity packet is available on the HEWP website:

http://sgs.ksc.nasa.gov/sgs/sites/other/chs/omehs/occmed/home/index.cfm?page=hew#MonthlyTopic. Hardcopies of the packet will also be available at all medical and fitness facilities. If you or your department/organization would like to be added to the monthly packet hardcopy distribution list, please call Kris Calderon at 867-3414.

HEALTH EDUCATION INFORMATION TABLE:

The monthly health education table will be set up in the Head Quarters cafeteria on July 21st from 11:00 am to 1:00 pm where HEWP staff will distribute the recreational physical activity packets as well as sun and insect protection information.

** Remaining 2005 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE**

Date	Place	Time
Wednesday, July, 13 th	OHF	7:00-9:00 am (2 hrs)
Wednesday, August, 17 th	OHF	7:00-8:00 am
Thursday, August 18 th	LAC (MFF)	7:00-8:00 am
Wednesday, September, 14 th	OHF	7:00-9:00 am (2 hrs)
Wednesday, October, 12th	OHF	7:00-8:00 am
Thursday, October 13th	LAC (MFF)	7:00-8:00 am
Wednesday, November, 16 th	OHF	7:00-9:00 am (2 hrs)
Wednesday, December, 7 th	OHF	7:00-8:00 am
Thursday, December 8 th	LAC (MFF)	7:00-8:00 am

OHF - Occupational Health Facility (M6-495, Industrial Area @ KSC) LAC (MFF) - KSC Launch Area Clinic (Multi-Functional Facility @ KSC)

The <u>2-page</u> CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/ forms: **http://kscboc-forms/KSCForms2/ref/KSC28-1010.itr**. This form can be filled out on-line and then printed. Please print each page separately. You must fast for 12 hours prior to coming to the screening (nothing but water).

NUTRITION EDUCATION FOR WORKERS AT THE SPACEPORT (N.E.W.S.) PROGRAM

The N.E.W.S. program was created to educate workers at the spaceport about nutrition. The program includes a comprehensive website with an e-mail mechanism to ask nutrition questions, monthly lectures, and special events. Check out the NEWS website at http://sgs.ksc.nasa.gov/sgs/sites/other/chs/omehs/occmed/home/index.cfm?page=NEWSProgram

JULY N.E.W.S. PROGRAM WORKSHOP

Repeated by popular demand, the July N.E.W.S. (Nutrition Education for Workers at the Spaceport) workshop will be on <u>Child and Adolescent Nutrition</u> and will be held on <u>Wednesday</u>, <u>July 27th from 11:30 am to 12:30 pm in the O&C, Room 1055</u>.

N.E.W.S. program workshops will be held the 4th Wednesday of each month (with the exception of November & December) from 11:30 am-12:30 pm with alternating locations between the O&C (KSC Industrial Area) and OSB (KSC Launch Area) buildings. See the NEWS website for the entire year schedule.

STRESS MANAGEMENT WORKSHOP

Any employee group can request delivery (at any time of the year, during the workday) of a newly developed, interactive workshop designed to teach employees how to handle stress at their workplace and in their lives. The workshop can be condensed to 30 minutes or extended to more than an hour for optimizing coping and relaxation skills.

Kris Calderon, PhD, CHES, BCIAC, KSC/CCAFS Health Education Administrator will be offering this workshop. Kris is certified in biofeedback and has used relaxation training for stress management in her teaching, service, and research. If interested, please contact her at 867-3414 or e-mail at **Kristine.Calderon@jbosc.ksc.nasa.gov** for more information. The workshop can be delivered in any worksite setting.

JULY VISION SCREENING SCHEDULE

No appointment is necessary. Visit the OHF during this time and ask for a vision screening.

Tuesday July 12 11:00 am-1:00 pm Tuesday July 26 11:00 am-1:00 pm

COLORECTAL CANCER SCREENING

Small amounts of blood in your stool, which can be detected with hemoccult slides, can be an indication of colorectal cancer. Hemoccult slides and instructions are available at all medical facilities during hours of operation.

WORKSITE LECTURES

Work-site lectures on any health subject and requests for health information or counseling are available upon request to Kris Calderon, phone: 867-3414, e-mail: Kristine.Calderon@jbosc.ksc.nasa.gov. (TA-C2)

PRIVACY ACT NOTICE: Users are reminded that the Privacy Act requires any records that contain a Social Security Number or private information such as salary and medical records, must be kept in locked file drawers when unattended. It also requires that a NASA form 1534 be placed on top of all records subject to the Act. If mailed through the KSC Interoffice Mail System, KSC Form 13-242, A, B, or C, "Open by Addressee Only," must be used. (TA-E1)

AUTHENTICATED:

Replace Controlling

Marilee Tewksbury, Center Services (TA-E1)

USE A PROPER LIGHT OR YOU MIGHT IGNITE.





UNOFFICIAL

CAFETERIA MENU FOR WEEK OF July 5-10

Monday

Wednesday

Thursday

oun:

CLOSED FOR HOLIDAY



Soup: Smoked Sausage & Chicken chowder

Carb Conscious Combo

Three Cheese Chicken Bake and Green Beans w/Red Pepper Strips

Tuesday

Blue Plate Special Salisbury Steak w/Gravy, Mashed Potatoes, Vegetable of the day & 16 oz. Fountain Beverage, \$4.00 *Celebrate America's Birthday w/Special Selections from Regions of the USA



Soup:

Cream of Potato

Carb Conscious Combo

Chicken Ham Bake and Steamed Broccoli

Blue Plate Special

Veal Parmesan w/ Spaghetti Marinara, Garlic Bread & 16 oz. Fountain Beverage, \$4.00 Soup:

Seafood Bisque

Carb Conscious Combo Broccoli Chicken

Friday

Casserole and Baked Spinach

Blue Plate Special

Fried Cat Fish, French Fries, Vegetable of the Day & 16 oz. Fountain Beverage, \$4.00

Assorted vegetables, salads, desserts, and beverages available daily. Soup: bowl \$1.40/cup \$0.80. Each day a "Price Value Meal" or "Grill Price Value" is available and will be posted in each cafeteria. La Pomadora: A variety of Pizza, Stromboli, Calzone or Pasta is available daily.
*New England Clam Chowder w/FREE 16 oz. Fountain Beverage; Southern Fried Chicken, Macaroni & Cheese, Green Beans & 16 oz. Fountain Beverage, \$4.00; Stuffed Beef & Black Bean Tamale Pie, Southwestern Rice, Corn & Peppers & 16 oz. Fountain Beverage, \$4.00; Grilled Chicken Casear Melt w/FREE 16 oz. Fountain Beverage, \$3.50; Salmon Salad Sandwich or Wrapper w/FREE 16 oz. Fountain Beverage.

KSC VISITORS COMPLEX: Free Kennedy Space Center Visitor Complex admission for badged employees began May 29 through Labor Day, Monday, September 5, all Kennedy Space Center and Cape Canaveral Air Force Station badged employees will receive one complimentary Maximum Access Admission to the Kennedy Space Center Visitor Complex. Employees may also purchase up to six additional Maximum Access Admissions at 50% off. Badged employees must purchase tickets in person between 9:00 am and 4:00 pm at ticket windows #1-4 at the Visitor Complex. Please present your badge at time of purchase. This offer is not transferable and cannot be combined with any other discount. Maximum Access Admission includes all exhibits, Astronaut Encounter, IMAX® space films, the KSC bus tour and Astronaut Hall of Fame. For more information, call 321-449-4444 or visit www.KennedySpaceCenter.com.

LET'S CELEBRATE RETURN TO FLIGHT BY GIVING THE GIFT OF LIFE: Everyone is welcome to donate. Central Florida Blood Centers has scheduled the next blood drive for Wednesday July 13th from 8:00 am – 3:00 pm. Those who donated at our May 11th blood drive (sponsored by Analex Corp.) are eligible to donate. The July blood drives are particularly important to our local hospitals due to increased holiday and vacation traffic. This means increased blood demands and we need your help. The incentives for July are FREE ADMISSION TO ARABIAN KNIGHTS DINNER ATTRACTION & A HUGE DISCOUNT AT WET-N-WILD! For more information or to schedule your appointment, e-mail Aida Teague at teaguan@kscems.ksc.nasa.gov.

NASA EXCHANGE: Return to Flight wristbands are in all stores. Hurry they won't last long. Stores are open Monday through Friday. HQ 7:00 am-4:30 pm, OSB 7:00 am-5:15 pm, O&C 8:00 am-4:00 pm and SSPF 8:00 am-4:00 pm. Visit our web page at http://nasaexchange.ksc.nasa.gov for more information.

KSC EXCHANGE – HAIR SHOPS: Our shops offer a full line of services for men and women. This includes regular haircuts, perms, frosts, beard trims, razor cuts, shampoos and colors! Visit us in the HQ building, room 1251 (7-7077), and see Sharon or Janet from 8:00 am until 3:30 pm. In the OSB building, room 1118 (1-3026) come in and see Fred or Rocky from 8:00 am until 4:00 pm. Call for an appointment but walk-ins are welcome!

KSC EXCHANGE – CITGO GAS STATION: This week's special – brakes. Front brakes for \$94.95 and that includes semi-metallic pads and turn rotors. Rear drum brakes are \$84.95 and rear disc brakes are \$114.95. These prices are for most vehicles. Call 453-1254 for an appointment or more information.

<u>KSC EXCHANGE – CITGO GAS STATION:</u> This week's special is tire rotation. Cars are only \$15.00 and vans and trucks are \$20.00. Balancing is extra! Call 453-1254 for more information and/or an appointment!

KSC EXCHANGE – CITGO GAS STATION: Pay at the pump is open 24 hours – 7 days a week. Gasoline, Bio-diesel and E85 Ethanol are available. CITGO and most major credit cards accepted. For information, call 453-1254.

KENNEDY SPACE CENTER FEDERAL CREDIT UNION REPOS: Repos located at the Merritt Island office. *ALL REPOS 4.99% APR.* 1999 Grand Jeep Cherokee, Ltd, 2WD, 6 cylinder, \$10,925; 2002 Jaguar XJ8, 4-door, V8, A/T, \$27,995; 2004 Dodge Caravan SE, V6, \$18,500, call 455-9400, extension 1122. See pictures at **www.kscfcu.org**

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY NEWS: Sign up now and be lazy this summer. Our Master of Science in Technical Management Program is tentatively scheduled to begin this fall. We need 22 students to begin the two year cluster program meeting on alternate weekends at Barry University on Merritt Island. Dell Laptop Computers will be provided to students while in the program. Open house at Barry University on July 8 from 3pm to 5 pm. On-line Info at http://www.erau.edu/ec/academicorgs/eccoce/mstm.html

Embry-Riddle Aeronautical University's Space Coast Center also offers certificate, undergraduate, and graduate degree programs relating to the areas of safety, aerospace, and management. We offer five terms per year in a classroom setting and monthly on-line courses. Our next term begins this August. Classrooms are located at PAFB, Melbourne, and at KSC. To learn more about our programs, please call Jan Bridgham, (321) 783-5020, visit us at 1020 Central Ave, Suite G, PAFB, FL 32925, mailto:space.coast.center@erau.edu or click www.embryriddle.edu/spacecoast.

UNIVERSITY OF FLORIDA OUTREACH ENGINEERING MANAGEMENT MASTER'S DEGREE PROGRAM: The University of Florida will again offer its Outreach Engineering Management Program (OEM) in Cape Canaveral, with the next program beginning in August 2005. OEM is an engineering Master's degree program featuring live instruction in a convenient format designed for working professionals. Classes meet only one weekend per month (all day Saturday and Sunday). The degree program is a collaboration of UF's Colleges of Engineering and Business, and awards a Master's degree in engineering after 20 months of study. A newly instituted concurrent degree option makes also getting an MBA degree possible with only 12 more months of coursework.

The OEM Program is accepting applications now for the fall 2005 pr0gram. For more information, visit the OEM website (http://www.ise.uflo.edu/9oemp) or contact the OEM program office (1-800-321-0199;emgrman@ise.ufl.edu).

UNIVERSITY OF MIAMI (CAPE CANAVERAL PROGRAMS): The University of Miami will begin accepting applications for the Master of Science in Industrial Engineering (MSIE) starting September 2005 and the Master of Science in Management of Technology (MSMOT) starting August 2005. Both programs will be taught in Cape Canaveral. Courses are held Friday evenings and Saturdays to accommodate working professionals. For more information and to receive an application/brochure, please call Mr. Augusto Roca, Program Administrator at 1-305-284-4100 or send email to augusto@miami.edu.

WEBSTER UNIVERSITY: Merritt Island Campus, is considering offering the Computer Resources & Information Management Degree at KSC beginning Fall 2005. If you are interested in pursuing this degree, please send an email to Carol Marx at mailto:marxc@webster.edu with your name, address and phone number, or call 449-4506. In most cases the GMAT and GRE are not required for admission into Webster University. Please pass this information along to a friend or co-worker who may also be interested. For further information about Webster University, go to our website at www.webster.edu/spacecoast or call 321-449-4500.

WEBSTER UNIVERSITY: Webster University is in the process of accepting applications for the Fall Semester which runs from August 13th - October 14th. Webster offers Masters Degrees in Business Administration, Management & Leadership, Procurement & Acquisitions, Business, Computer Resources & Information Management, Business & Organizational Security, and Human Resources. If you are interested in pursuing any of these degrees, send an email to Carol A. Marx at mailto:marxc@webster.edu with your name, address, and phone number or call at 449-4506 for more information. In most cases the GMAT and GRE are not required for admission into Webster University. Please pass this information along to a friend or co-worker who may also be interested. For further information about Webster University, go to our website at www.webster.edu/spacecoast or call 321-449-4500.



Join Carpool: Cypress Springs/Waterford Lakes Area, to KSC Hqs, CIF, O&C, Space Station area, 7:30 am to 4:00 pm, Edwin, 904-382-6202, after 4:00 pm.

Join Carpool: Deland to KSC, 1st shift, 7:00 am to 3:30 pm, 386-736-1280.

Join Carpool: Meadowridge subdivision off Barna Ave., 1/4 mile north of 405, 6:30 am to 3:30 pm, 269-7427.

Join Carpool: From Sanford/Deltona to VAB/OSB area 7:00 am-3:45 pm Chris 1-2255/407-321-8461.

Join Vanpool: East Orlando to HQ, O&C, and SSPF, 2 openings, 8:00 am- 4:30 pm, Hwy 50/Alafaya Trail Publix, departs at 7:04 am, Bob, 867-6594/407-359-7834.

Join Vanpool: New Smyrna to the VAB/OSB, 1st shift, 861-4302.

Join Vanpool: Palm Bay, Melbourne.,I.H.B., Satellite Beach, to CCAFS, 7:00 am to 3:30 pm, Rick 777-6028/693-1791.

Join Vanpool: Palm Bay/Melbourne to KSC Industrial Area, 7:30-4:00, Contact Ed, 867-4500/676-2533.

Join Vanpool: Palm Bay/Melbourne to KSC, 1st shift, 7:00 am to 3:30 pm, 264-8142.

Join Vanpool: Port Orange/Daytona area, route US1 to Hwy 3, to CCAFS/Industrial Area, 7:00 am to 3:30 pm, 386-547-6551/386-761-7543, after 6:00 pm.

Join Vanpool: Sanford 17-92 Wal-Mart/Oviedo Publix on 434/419/Hwy 50 Park & Ride/KSC & CCAFS/7:00-3:30, Frank, 853-9336.

Ride needed: Ft. Pierce to USA Bldg off Hwy 405, Hall, 321-223-0813.

Ride needed: Merritt Island Catalina Isles to KSC Industrial area, 271-4459.

Ride needed: Port St. John to Industrial area 7:00 am-3:30 pm, 867-6601.

Ride needed: Titusville, Barna & 405, to KSC/VAB area, 7:00 am-3:30 pm, Bob, 861-2551/269-7427.

Ride needed: Titusville to OSB/VAB, 7:00 am-3:30 pm or 7:30 am-4:00 pm., 861-3720.

Seats Available: Daytona/Ormond/New Smyrna area, VAB/OPF/ARF 6:45 to 3:15, contact Tom, 386-295-6626

Seats Available: Vanpool from East Orlando to KSC Hgs, O&C, SSPF area, 8:00 am to 4:30 pm, Au Mai, 867-2698.

Seats Available: Melbourne to the LC-39 Area, 7:00 am-3:30 pm, Cam, 861-7875.

Seats Available: PalmBay/Eau Gallie/Suntree to KSC Industrial Area 7:00-3:45, Ron, 867-2132/426-5175.

Seats Available: Port Orange, Edgewater to VAB, OPF, OSB area, 1st shift, 7:00 am to 3:30 pm, Fred 861-0082/386-788-2614 or Bill 861-0743/386-427-3818.

GARAGE SALE

Garage Sale: 7/2, 8:00 am-noon, 1676 Yorktown Ave., Titusville, quality items, 759-6363.

REAL ESTATE FOR SALE

House: 1700 sq.ft., brand new on lake, 10' ceilings, alarm system, hurricane shutters, sprinkler system, blinds on all windows, extras, \$299,900, 427-2467.

House: 3bd/3ba/3-car garage, 3000 sq.ft., foam block construction, .5 acre, Sunset Groves, Merritt Island, \$495,000, 449-9913.

Condo: 1bd/2ba, washer & dryer, Titusville, La Cita, Country Club Dr., 449-0734.

Timeshare: St. Thomas Elysian Resort, between beach/Bluebeard's Castle, amenities, floating week, transferable, Christmas may be available, \$12,000, 302-6280. Lot: 2.95 acres, E. Orlando, corner of Bearle & Guy Rd., cleared, high, dry, oaks/maples, minutes to Waterford Lakes & EastWest Expressway, \$239,000, 636-6441.

AUTOMOBILES AND RV'S FOR SALE

1986 Dodge Ram 50 mini-pickup, has A/C, A/T, runs good, some rust, \$475, 453-5088.

1989 Ford Econoline, extended 1/2 ton van, new tires, great A/C, 6 cylinder, \$1100, 638-0740.

1991 Cadillac Brougham, D'Elegance, leather, power everything, garage kept, nice car, 91K miles, \$3400/BO, 383-2277.

1991 Honda Accord, high mileage, excellent mechanical condition, commutes daily, A/C needs work, \$1500, 267-2692.

1993 Dodge Spirit, V6, 126K miles, P/S, P/B, good A/C, needs tune-up, tires, \$750/BO, 258-8801.

1993 Toyota Paseo, 117K miles, A/T, cold A/C, \$2800/BO, 961-6678.

1994 Jeep Grand Cherokee, maroon, 160K miles, AM/FM/CD, \$1500/BO, 452-6795.

1995 Bounder 34' class A coach, Ford 460, 2 A/C's, refrig., range, microwave, 3 TV's, VCR, 7.5kw gen., new tires/water htr, 67K miles, loaded, \$25,000, 752-3935.

1995 GMC Safari van, dual air, power windows and locks, \$3000, Mike, 259-1499.

1996 Geo Tracker, 115K miles, 4 cyl., A/T, 2-door, A/C, removable top, runs good, dent on driver door, rest good shape, blue, \$1700, 298-9172.

1996 Ford Thunderbird, 110K miles, immaculate condition, \$3000, Greg, 591-1775.

1996 Dodge Stratus, good condition, all power, new tires, cold A/C, \$2100/BO, 637-1379.

1997 Buick Skylark, 4-door, A/T, runs good, green, \$2300, 454-4204.

1997 Nissan Quest minivan, 160K miles, good mechanical condition, new tires/brakes, \$3000, 453-7365.

1999 Cadillac DeVille, 4-door, fully loaded, approx. 43K miles, great condition, gray outside, gray leather inside, \$10,500/BO, 799-6892.

2000 Ford F250 XLT Supercab, V8, A/T, P/S/W, P/B, 411 rear end, 140K miles, \$9250/BO, Chip or Mike, 407-592-6740.

2000 Ford Explorer XLT 4x4, good tires, keyless entry, alarm, dual A/C, custom stereo, low miles, blue book \$12,200, asking \$9000/BO, 632-9646/698-3191.

2001 Isuzu Rodeo LS, V6, A/T, red, \$8500/BO, Tim, 407-365-0607.

2002 Honda CRV, A/T, 4wd, A/C, moon roof, 68K miles, great condition, \$12,500, 986-8395.

2002 Kia Sportage, burgandy, A/T, A/C, P/S, P/B, P/W/L, AM/FM/CD, Lebra, alloy wheels, 42K miles, \$10,500, 631-2295.

2002 Honda Civic EX coupe, 2-door, CD, sun roof, black, under NADA, \$10,000, 264-5777.

2002 Mitsubishi Montero XLS, 4x4, A/C, A/T, 53,500 miles, burgundy and silver, 632-0918.

2003 Hurricane 30Q class A RV, Ford V10, like new, 2700 miles, Onan generator, completely self contained, 30' long, Bill, 768-2757.

2003 Ford F250 XL crew cab, long bed, tinted windows, 5.4L, A/T, tow package, take over payments, John, 537-1782.

2003 Ford Expedition, Eddie Bauer, 20,286 miles, 5.4L, V8, backup sensors, power 3rd row seat, tow package, leather, pristine condition, \$25,500, Ryan, 446-0462.

HOUSEHOLD FURNISHINGS FOR SALE

Couch, loveseat, chair, 3 end tables, coffee table, \$1000; matching dining room set, 8 chairs, \$1300, as new, can e-mail pictures, John, 543-8100.

Dining room table set with four swivel chairs, white washed oak, with matched glass top, nice set, \$100, 536-1800.

54" round glass table top, \$50; 2 large teal Palm Casual chairs w/one ottoman, \$75, 784-3506.

Twin/full bed frame, \$10; antique breakfront china cabinet, \$900, 750-2011.

Multicolored striped and brocade Flexsteel couch w/2 matching green La-Z-Boy swivel rockers, all in very good condition, \$600, 269-0011.

Entertainment center, 72"hx50"wx17.5"d, adjustable shelves, medium stain, \$100; child's bed, blue, w/headboard shelves and drawers in base, \$65, 537-7516.

Sofa, loveseat, like new, cream background, muted floral print, table lamps, \$895; glass top coffee table, sofa table, 2 end tables, \$300, 795-5027.

Bedroom set: white/oak trimmed, day bed, chest of drawers & entertainment cabinet, \$200, 446-9127.

Queen bedroom suite, all wood, honey pine, 4 poster bed, 2 triple dressers, 2 night stands, armoire, mattress, bedding, \$1500, 452-3930.

Bunkbed, royal blue metal, twin over full, very good condition, \$90; couch, gray velour, queen sleeper, very good condition, \$80/BO, call for pics, 452-8531.

 $Nikken \ Kenkopad \ Deluxe, twin \ size \ w/100 \ magnets \ and \ Kenkopillow \ King \ w/28 \ magnets \ plus \ carrying \ bag, $600, Barry, 480-3534.$

72" oval glass dining table, metal/stone base, 6 white parson chairs, matching buffet/sofa table, \$600, 639-9937, after 4:00 pm, leave message.

Maple dining table w/6 chairs, good condition, \$100; La-Z-boy love seat w/2 recliners, excellent condition, \$600, 267-9942.

Patio table, glass table top, rectangle shaped, 5 chairs, w/cushions, metal construction, very good condition, \$90, Rich, 794-6151.

King size bedroom set, \$150; 1 girl's canopy twin bed w/mattress, \$50, Russ, 632-1656.

2 dressers, white, 5-drawers, \$15/ea, \$25/both; wardrobe, approx. 6 1/2' high, white, in very good condition, \$30, 544-2568.

Sofa, multi-pastel, excellent condition, includes cushion covers, \$175/BO, 268-2974.

Light colored wood coffee table and 2 end tables, \$50, 504-9975.

White sheers, 60x84, JC Penney, P4786-G, have 4 panels, 1 rod pocket, MSRP \$18/each, sell \$40/firm/all, 258-0777.

Computer desk on wheels, compact size, \$50, 784-6193.

Area rugs, oriental, 4x5, 5x7, 6x8; three bathroom light fixtures, new, chrome, two 4 light, one 8 light, \$20/all, 453-6795. Bar table & chairs, \$150/BO; corner etagere, \$50/BO; 4 panel Shoji screen, \$70/BO; 3 panel screen, \$50/BO, 635-9098.

White wicker 4 drawer dresser w/mirror, \$75; white shabby chic 3 drawer dresser, \$40, Lori, 638-2198 after 3:00 pm.

APPLIANCES FOR SALE

Kenmore washer, older, super capacity, works, you pick up ASAP, \$50, 264-1517.

Frigidaire electric dryer, in good condition, \$70/BO, Chaz, 446-4827.

Maytag large capacity washer & gas dryer, \$100; Frigidaire super capacity washer & electric dryer, 2 yrs old, hardly used, \$275, 639-6477.



MOTORCYCLES & EQUIPMENT FOR SALE

1997 CR500R dirt bike, looks & runs perfect, \$2000/BO; 2004 Honda 400EX, less than 15 hours, yellow, excellent condition, \$4500/BO, Matt, 863-4447. 1998 Honda 50 Elite scooter, 2K miles, \$600, 242-1159.

2000 Harley Davidson Dyna Superglide, diamond ice, det. windshield, new battery, recent 10,000 mile service by Melbourne Harley, \$12,000, Pat, 253-1498.

2000 Polaris 250 Explorer 4x4, 2000 Polaris 400 Explorer 4x4, 16' tandem trailer w/tool box, 4000/firm/all, Mike, 386-423-0435.

2004 BMW R1150GS Adventure, hard bags, larger windshield, 7200 miles, 6K mile service, new rear tire, extras, \$12,200, John, 537-1782.

2005 Pocket bikes: one blue, \$250, and one silver, \$350, \$500/both, Mike, 917-9643.

BOATS & EQUIPMENT FOR SALE

10' Jon boat with 9.9 Suzuki outbaord, no trailer, motor looks and runs great, \$650, Ryan, 223-1029.

14' 2003 all fiberglass performance flats boat, poling platform, gunnel rod holders, large casting deck, 15hp Yamaha, \$3500/BO, 480-0382/633-0916.

16' Hobie cat, 2 good sails, rainbow & white, mast, rigging, complete but needs refurbishing, \$300, 454-4660.

18' Pontoon boat and trailer, no motor, live well and large cargo box, seats good, deck solid, good fishing/shrimping boat, \$850/BO, 536-1800.

18' 1979 Cobia, lots of new parts, engine reuilt 3 years ago, inboard/outboard motor, \$2000, Greg, 720-8586.

18.5' 1991 Four Winns bowrider, 150hp Johnson w/accessories, excellent condition, galvanized trailer, \$4500/BO, Mike/Linda, 453-5974.

20' 1987 Marathon weekender cuddy cabin, head, I/O, V6, teak, depth/fish finder, anchors, SS prop, great cond., almost new trailer brakes, \$6500, 537-9317. 20'6" Angler C/C, 1999 225 Mercury, aluminum trailer, must sell, \$11000, 452-8468.

1995 Chris-Craft concept, OMC/Cobra, 4.3 L, V6, engine just re-built, ski tower, aluminum trailer, excellent shape, \$8900, 635-9098.

Air boat, Diamond Back, 220 Continental, 5 blade warp drive prop, single front drive, double rear, built 2004, \$7500, Gerald, 639-1712/961-5879.

19 3/4 x19 3/4 Bomar cabin hatch w/screen, model 117905, new in box, \$300, 609-9041/223-8954.

MUSICAL INSTRUMENTS & ELECTRONIC EQUIPMENT FOR SALE

Technics SD-A420 stereo component system w/amp, AM/FM tuner, double cassette, turntable, 2 speakers, manuals, Kenwood CD, \$75/BO, Sheila, 631-5226. Dell computer w/subwoofer, speakers, 17" monitor, 4550 series, CDRW/DVDRW, dual drives, 2.53 Ghz ht w/256mb, Xphone, 60 gig hard drive, 256-777-7746.

Trumpet, Yamaha, silver, with case, mint condition, one owner, \$800, 383-0246.

Sony 19" color television, w/remote, \$50, 268-2974.

Dish Network 500 receiver by Echo Star, no card, no remote control, receiver only, excellent condition, \$14, 453-9690.

42" big screen RCA TV for parts or can be fixed, needs picture tube, \$40, 639-9498.

Magnovox 62" large screen TV, 5 years old, works very well, \$450/BO, Rick, 639-2556.

MISCELLANEOUS FOR SALE

Scott's 6.5hp self propelled mulching mower, \$80; Sears 26cc 17" trimmer, \$20; blower, \$20, John, 543-8100.

Bicycle, 26" men's beach cruiser, no gears, 15 years old but barely used, yellow, no rust, \$30, 264-2900.

BFGoodrich tires: rugged trail set, only 1500 miles use, fits 17" rim, \$350, 537-1103.

Fiberglass bedliner, black, like new, kept indoors, \$50, 432-8404.

Cement mixer, 110V electrical and on wheels, approx. 3cu.ft., good condition, light use, \$189/BO, Lem, 386-316-4508.

21 gallon fish tank, \$90; jewelry case, \$30, 750-2011.

Bowflex PowerPro XT2, with leg & lat attachments, excellent condition, \$850, 752-6712.

Pool filter, automatic chlorinator w/2 speed pump, needs bearings, \$50, 459-2818.

Richard's paint, 5 gallon pink, and 2 gallon Misty Coral, never opened, \$70, Tony, 255-4732.

Sportcraft air hockey table, \$125, 255-9532.

2003 utility trailer, 6'X10', Jungle Jim trimmer and blower racks, storage box, \$750, 223-3932.

New 16 gauge finish nail gun with case, generic brand, \$45, 453-9532.

Lawn sweeper attachment, pull behind lawn tractor, \$35, Steve, 407-681-6332.

Porche 914 parts: motor, suspension, more, BO, Shelby, 632-2432.

Tuner motor, Nissan SR20 DET, engine and AWD trans, turbo, intercooler, ECU, from Nissan Bluebird, 51K miles, \$1500, 453-6633.

Custom 12' 1 piece surf rod, Shikara blank made by DNR Tackle w/Okuma CD/50 baitrunner reel, like new, \$200, Steve, 323-6938.

Set of 4 17" Mustang billet rims with P245/45 Yokohama tires (rating 380, AA/A), excellent condition, \$800/BO, 632-9646.

Diamond ring, emerald cut, .71 carats, G color w/V52 clarity, baguettes, total carat .30, set in white gold, never worn, \$2000, Chris, 256-777-7746.

Trailer, Bray, 2002, 6x16, new decking and tires, tool box on front, excellent condition, \$1500, 633-6649, after 4:00 pm.

Aluminum crutches, adjustable, silver finish, excellent condition, \$15/pair; 5 blade ceiling fans, reversible, 3-speed, light fixtures, \$10/each, Rich, 794-6151.

Two rear bucket seats, one rear bench seat for '93 Dodge Caravan, charcoal, in good shape, BO, 952-5251.

Even-Flo stroller, \$25; Century Select car seat, \$15; Graco high chair, \$30; unused potty chair, \$10, Chris, 795-6052.

Cub Cadet 48" commercial hydro mower with sulky, excellent condition, only 350 hours, new \$5000, sell for \$1900, Jim, 412-7058.

Airless paint sprayer, Graco G-Max 3900, 200' hose, \$800, 242-1159.

Pool table, Brunswick, single 1" slate, coin slot conversion, good condition, \$600, Rick, 631-6363.

Set of 4 215/75R16 tires and wheels, recently painted and clean, 6 lug, \$100, Todd, 271-1567.

Black & Decker electric weed eater and blower \$50, 863-1775.

Hospital bed w/electric back/leg adjustment, recently replaced, and manual height, up/down, adjustment, \$75/BO, 267-6479, after 5:00 pm.

Pool solar heat system, 12 panels, new to 14 yrs., 4'x12'6", Helicol USA Mod 12-HC50, auto temp controller, flow diverter & plumbing, \$2750/BO, Pete, 480-0078. 2 Pepsi 400 tickets, pit passes, face value, \$250/both, 795-9980.

ATV trailer, 2003 Shorelander 3 place, deck over w/small tires and ramps, \$875, for pics e-mail jfarris1@cfl.rr.com or call John, 537-1782.

Stainless steel, double bowl, 33" sink, \$75/BO; Moen kitchen faucet (2 mos old), w/sprayer, large hooked spout, 2 knobs, originally \$189, \$100/BO, 453-5184.

Kids' swing set, you haul away; 2 swings and a double seater swing, slide and platform, etc., good condition, just painted, Adam, 749-8385.

Little Tykes desk, light and chair, \$25, 784-6193.

Total Gym workout machine w/all attachments, great condition, 180/BO, 269-9594.

Extang tonneau cover for 1982-05 Ford Ranger or 1994-05 Mazda pickup with 7 foot bed, \$125, 254-3094.



MISCELLANEOUS FOR SALE (Continued)

16" Omega necklace, 14K, 8mm, new \$1200, sell \$600 firm, 453-6795.

Creative Memories memory mate bag, never used, \$35; cm hearts, scallop square punches, \$25; jolee's other stickers, 639-9498.

Fly rod, 8wt. St.Croix Avid, 3 piece, \$220 new, \$80/BO, 777-1799.

MISCELLANEOUS WANTED

Compound bow, like to have fish real, 536-1800.

Self propelled lawn mower, good condition, 633-9971.

Canoe, reasonable, 631-4700.

Rear window louvers" for a C-3 corvette, 1978-1982, Bob, 631-6006.

Older, working 8mm or Super 8 video camera, 446-6407.

Portable basketball goal in good condition, will pick up, Fortner, 632-3712.

Excaliber food dehydrator, Irene, 759-3325.

Park Avenue Baptist School Uniforms for boy & girl sizes, youth X-small to youth medium and 4-7, 267-8632.

Street/trail motorcycle, enduro, Carl, 427-2467.

Honda 600 motorcycle, good condition, reasonable price, 258-0777.

Adult size older 4-wheeler with small engine, reasonably priced, 453-5184.

Thomas the Tank Engine table w/brick facade and molded faces, reasonable, 446-3291.

Freezer or ice cold refrigerator for 1/2 keg preferably w/flat bottom, cheap, rust okay, 615-6292, leave message.

2 Kayak paddles; bicycle baby seat, 631-6897.

Old guitars or old amps, Jeff, 386-848-1099.

FOR SALE OR TRADE

New 2 American Torque Thrust II's, polished 5 spokes, 14x6" w/brand new BFG's, 195.60, trade for 2 15x4" same style wheels only, 4.75 BC., 453-1880. 10' Zodiac hard bottom inflatable boat w/15hp Johnson outboard and trailer, excellent condition, no salt, \$2900/BO, or trade, 268-9593.





